KU School of Education
Athletic Training Major
Bachelor’s Degree Program Guide

Program Admission Requirements
☐ BIOL 100 & 102
☐ BIOL 240
☐ HES 250
☐ HES 251

General Education Requirements
☐ ENGL 101
☐ ENGL 102
☐ MATH 101
☐ PHIL 160
☐ HES 260
☐ COMS 130
☐ PHSX 114
☐ PSYC 104
☐ BIOL 241
☐ BIOL 246
☐ CHEM 110 or 130
☐ MATH 10
☐ Required ENGL Elective
☐ Required Elective #1
☐ Required Elective #2

Athletic Training Program Requirements
☐ HES 353, 354 & 355
☐ HES 352
☐ HES 456 & 457
☐ HES 459 & 460
☐ HES 458
☐ HES 461, 462, 463
☐ HES 464
☐ HES 330
☐ HES 369
☐ HES 472
☐ HES 470
☐ HES 310
☐ HES 480
☐ HES 305
☐ HES 440
☐ HES 473
☐ Required Elective (300+)
☐ Required Elective (300+)

Required Elective Options
☐ ABSC 160
☐ CHEM 600 & 601
☐ ACCT 205/200
☐ IST 205/202
☐ MGMT 305/310
☐ MKTG 305/310
☐ FIN 305/310
☐ SCM 305/310
☐ CHEM 330, 331, 335 or 336
☐ HES 306, 331, 335, 370, 380, 381, 385, 418, 475, 484, 485, 489 or 497
☐ MATH 365
☐ PSYC 333 or 350
Athletic Training Major

Freshman Year

**Fall Semester**
- Principles of Biology Lecture & Lab (BIOL 100 & 102)
- General Psychology (PSYC 104)
- Composition (ENGL 101)
- College Algebra (MATH 101)
- Global Awareness Requirement

**Spring Semester** (Apply for SOE admission)
- Intro to Athletic Training (HSES 250)
- Intro to Athletic Training Practicum (HSES 251)
- Critical Reading & Writing (ENGL 102)
- Nutrition & Health (HSES 330)
- Human Anatomy (BIOL 240)
- Arts & Humanities Requirement

Sophomore Year

**Fall Semester**
- Athletic Training Practicum I (HSES 353)
- Trigonometry (MATH 103)
- Personal & Community Health (HSES 260)
- Speaker-Audience Communication (COMS 130)
- Introduction to Ethics (PHIL 160)
- Human Anatomy Lab (BIOL 240)

**Spring Semester**
- Athletic Training Practicum II (HSES 355)
- Lower Extremity Evaluation (HSES 354)
- College Physics I (PHSX 114)
- Principles of Human Physiology (BIOL 246)
- HSES Elective #1 (300+)

Junior Year

**Fall Semester**
- Athletic Training Practicum III (HSES 457)
- Therapeutic Modalities (HSES 352)
- Upper Extremity Evaluation (HSES 456)
- Kinesiology (HSES 369)
- Exercise Physiology (HSES 472)

**Spring Semester**
- Athletic Training Practicum IV (HSES 460)
- Rehabilitation (HSES 459)
- Biomechanics (HSES 470)
- General Chemistry I (CHEM 130)
- English Requirement

Senior Year

**Fall Semester**
- Athletic Training Practicum V (HSES 462)
- General Medical/Pharmacology (HSES 458)
- Org & Administration of Athletic Training (HSES 461)
- Physical Activity & Exercise Management for Individuals with Disabilities (HSES 480)
- HSES Elective #2 (300+)

**Spring Semester**
- Athletic Training Practicum VI (HSES 464)
- Senior Capstone in Athletic Training (HSES 463)
- Strength Training & Conditioning (HSES 305)
- Applied Sport & Performance Psych (HSES 440)
- Clinical Fitness Evaluation Techniques (HSES 473)

Learn more: hses.ku.edu/athletic-training

123 Credit Hours
soeadvising@ku.edu

Please note: This is only a sample plan of study. Please consult with your academic advisor before enrolling.