

KU School of Education Advising Center • 208 JRP • soeadvising@ku.edu • (785) 864-9616

- Admission is selective. **Completion of minimum requirements does not guarantee admission.**
- Cumulative GPA of 2.5 required (includes transfer hours); 2.75 GPA required for admission requirements.
- Effective Fall 2014, transfer grades of “D” or below will not be accepted.
- Minimum of 30 credit hrs required for admission. All courses must be completed for graduation (at least 120 hrs).
- Consult a School of Education advisor for enrollment and course substitution.
- Application deadline is February 1. Check www.soe.ku.edu for more information.
- The Health & Physical Education program prepares individuals to meet requirements for both health and physical education teaching endorsements in the state of Kansas.

Admission Requirements must be taken during or completed prior to application process.

Admission Requirements (2.75 GPA required)	Course Title	Credits
ENGL 101 ¹ (Min Grade of “C”)	Composition	3
ENGL 102 ² (Min Grade of “C”)	Composition & Literature	3
MATH 101 ³ or MATH 104 (Min Grade of “C”)	College Algebra or Pre-calculus Math	3-5
MATH 105 ³ or above (Min Grade of “C”)	Topics in Math or above	3
COMS 130 ⁴ (Min Grade of “C”)	Speaker/Audience Communication	3
BIOL 100 ⁵ and BIOL 102	Principles of Biology and Biology Lab	4
BIOL 240 (Min Grade of “C”)	Human Anatomy	3
PSYC 104 ⁶	General Psychology	3
SOC 104 ⁷	Elements of Sociology	3
Arts & Humanities/Non-Western elective ⁸	AAAS 102,103, 105,160; ANTH 160; EALC 105; HA 265, 267, 269; HIST 104, 122, 160; or REL 106	3
*HSES 201	Team Sports (fall only)	2
*HSES 202	Individual & Dual Sports (spring only)	2
*HSES 214	Physical Education Activity PK-6 (spring only)	3
*HSES 244	History & Foundations of Physical Education	3
HSES 248 or current certification	First Aid or current Lifeguard or First Aid w CPR/AED	0-2
*HSES 260	Personal and Community Health	3
*HSES 308, 330, or 489	Drugs/Diseases (spring), Nutrition (all), Sexuality (spring)	3

* Must have a grade of “B-” or higher

Total Hours: 47-51

General Education Requirements can be taken prior to admission.

General Education	Course Title	Credits
*HSES 308, 330, or 489	Drugs/Diseases (spring), Nutrition (all), Sexuality (spring)	3
*HSES 308, 330, or 489	Drugs/Diseases (spring), Nutrition (all), Sexuality (spring)	3
Social Science/Global Awareness Elective ⁹	AAAS 102; ANTH 100, 106; AMS 100, 110, 332; ANTH 108, 160, 300, 301; GEOG 100, 102; LAA 100, 332; LING 106, 110; REES 110; POLS 150, 170; or SOC 130, 332	3
Earth or Physical Science & Lab	Consult advisor for options	4-5

Total Hours: 13-14

**Honors equivalent of any course is accepted

Grade of "C" or higher required in courses in BOLD.

BLOCK 1 (Fall, Junior Year)

Total Hours: 15

Course Number	Course Title	Credits
HSES 302	Practicum in Adaptive Health & P.E. for Elem. & Secondary	2
HSES 315	Health & Fitness Technology	2
HSES 340	Motor Development	2
HSES 369	Kinesiology	3
HSES 467	Introduction to Community Health	3
SPED 326	Teaching Exceptional Children	3

Block 1 Field Experience: Adaptive Physical Education – Serve as teaching aide for adapted physical educator in local district (20 clock hours).

BLOCK 2 (Spring, Junior Year)

Total Hours: 14-15

Course Number	Course Title	Credits
BIOL 246	Human Physiology	3
C&T 359	Basic Processes of Reading	1
HSES 108 (Fitness Elective)	10K & Marathon Training, Aerobic Boot Camp, Aerobic Kickboxing, Aerobic Zumba, Aerobics, Body Toning, Jogging, Physical Conditioning, Spinning, Weight Training or advisor approved course	1
HSES 210 or certification	Instruction & Analysis of Swimming or Lifeguard/WSI certification	0-1
HSES 320	Methods of Teaching Physical Education	3
HSES 358	Creative Movement & Dance Appreciation	3
HSES 468	Methods & Materials of Health Education	3

Block 2 Field Experience: Health Education – Serve as teaching aide for health educator in local district (10 clock hours).

BLOCK 3 (Fall, Senior Year)

Total Hours: 15

Course Number	Course Title	Credits
C&T 235¹⁰	Education in a Multicultural Society	3
ELPS 250¹¹	Education & Society	3
HSES 380	Sociology of Sport	3
HSES 410	Program Design in Physical Education	3
HSES 472 or 269	Exercise Physiology (Prereq: Human Physiology) or Intro to Ex Science	3

Block 3 Field Experience: PE Teaching Practicum – Serve as teaching aide for K-12 physical educator (30 clock hours).

Note: During Block 3, students are encouraged to take PLT and content exams for Health & Physical Education.

Progression to Block 4 requires that all coursework is completed with a minimum cumulative GPA of 2.75. A cumulative GPA of 2.75 is required for graduation.

BLOCK 4 (Spring, Senior Year)

Total Hours: 16

Course Number	Course Title	Credits
HSES 500	Student Teaching	14
HSES 501¹²	Seminar in Student Teaching Health & P.E.	2

¹Meets KU Core Goal 2: Learning Outcome 1 – Unit 1 (Written Communication)

²Meets KU Core Goal 2: Learning Outcome 1 – Unit 2 (Written Communication)

³Meets KU Core Goal 1: Learning Outcome 2 (Quantitative Literacy)

⁴Meets KU Core Goal 2: Learning Outcome 2 (Oral Communication)

⁵Meets KU Core Goal 3: Natural Science

⁶Meets KU Core Goal 3: Social Science

⁷Meets KU Core Goal 1: Learning Outcome 1 (Critical Thinking)

⁸Meets KU Core Goal 3: Arts & Humanities

⁹Meets KU Core Goal 4: Learning Outcome 2 (Global Awareness)

¹⁰Meets KU Core Goal 4: Learning Outcome 1 (Diversity)

¹¹Meets KU Core Goal 5: Ethics

¹²Meets KU Core Goal 6: Capstone