COURSE PURPOSE: This course is designed to introduce the student to a variety of physical education activities that are appropriate for children in grades K-6. Age appropriate activities will be demonstrated with student participation expected. Students will have the opportunity to teach selected activities to their peers as well as to children. Activities include: individual and group games, self testing activities, stunts and tumbling, physical fitness, modified sports and movement exploration.

COURSE OBJECTIVES:

Certification and endorsement related.

This course is required for all students seeking teaching certification in physical education. The objectives apply to the professional training of those students who want teaching certification in physical education.

1. Students will develop an understanding of age appropriate physical activities for children in grades K-6.
2. Students will develop skills for teaching physical activities to elementary school children.
3. Students will learn how to develop safe teaching environments for children to participate in physical activity.
4. Students will understand how to select appropriate activities for children and how to use modification.
COURSE OUTLINE:

- Why physical activity?
- Understand themes for movement and movement exploration.
- Observing children in movement settings
- Maintaining quality behavior during physical education.
- Instructional approaches
- Selecting content for lesson plans
- Stunts and tumbling activities
- Individual and group games
- Self-testing activities
- Physical fitness activities
- Modified Sports
  - Individual
  - Group/team
- General assessment of skills
- Giving feedback to children
- Modification of activities for disabled children
- Safety rules and regulations

INSTRUCTIONAL METHODS:

- Lecture, demonstration, discussion, and application.

EVALUATION CRITERIA:

Assignments:

1. Read and understand all assigned readings.
2. Class participation. Skill level is not a factor.
3. Take two examinations over material from the lectures and reading assignment. The first exam is on Monday, October 14. The final exam will be on Tuesday, December 17 from 7:30 am to 10:00 am. The final may be comprehensive.
4. Take quizzes that may or may not be announced.
5. Teach two activity based lessons to other students in the class.
HSES 214, Cont.

Grading:
1. Each exam will have a value of 100 points. Total of 200 points.
   Exams will not be given on other dates.
2. Class participation will have a value of 100 points. For each absence, 5 points will be deducted from this total. An absence is an absence, the reason does not make a difference.
3. All quizzes will not total more than 25 points.
4. The first activity based lesson will have a value of 30 points; the second lesson will have a value of 45 points.
5. The following percentage scale will be used to determine the final grades:

\[
\begin{align*}
100-91 &= A \\
90-81 &= B \\
80-71 &= C \\
70-61 &= D \\
60-Below &= F
\end{align*}
\]

REQUIRED TEXT AND READNINGS:


READING ASSIGNMENTS:

- Aug. 26-30 Chps. 1, 2, 3
- Sept. 2-6 Chps. 5, 7, 8
- 9-13 Chps. 9, 10, 11
- 16-20 Chps. 13, 14, 15
- 23-27 Chps. 4, 6
- Sept. 30-Oct. 4 Chp. 12, 32
- Oct. 7-11 Chps. 33

EXAM I MONDAY, OCTOBER 14
HSES 214 Cont.

14-16 Chps. 16, 17, 18

Oct. 21-25 Chps. 19, 20, 21
28-Nov. 1 Chps. 22, 23, 24

Nov. 4-8 Chp. 25
11-15 Chps. 26, 27
18-22 Chps. 28, 29
25-29

Dec. 2-6 Chp. 30
9-12 Chp. 31

FINAL EXAM Tuesday, December 17, 7:30 – 10:00 am