

# Hawk Fitness Academy Summer 2019 Schedule

## Lawrence Session

5:15 p.m. to 6:15 p.m.

Main KU Campus  
Robinson Center, Room 248  
1301 Sunnyside Ave.  
Lawrence, KS 66045

## Initial Body Composition & Functional Testing

Tuesday, June 4, 2019

## June Exercise Sessions

Thursday, June 6, 2019

Tuesday, June 11, 2019

Thursday, June 13, 2019

Tuesday, June 18, 2019

Thursday, June 20, 2019

Tuesday, June 25, 2019

Thursday, June 27, 2019

## July Exercise Sessions

Tuesday, July 2, 2019

Thursday, July 4, 2019

Tuesday, July 9, 2019

Thursday, July 11, 2019

Tuesday, July 16, 2019

Thursday, July 18, 2019

Tuesday, July 23, 2019

## Final Body Composition & Functional Testing

Thursday, July 25, 2019



**Participants will register for one of the campus location and schedule options.**

**Children participants are encouraged to wear athletic clothing that allows ease of movement. Athletic shoes are required.**

**REMINDER: Parents and guardians must provide a recent physical/physician clearance form to the the camp director prior to or on the first session.**

Questions?

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[hses.ku.edu/hfa](http://hses.ku.edu/hfa)

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