

## CURRICULUM VITAE

**NAME:** Mary D. Fry (Previously Mary D. Walling before 8/95)  
**DEPARTMENT:** Health, Sport & Exercise Sciences  
**RANK:** Associate Professor

**DEPARTMENT ADDRESS:**

Department, of Health, Sport & Exercise Sciences  
 Robinson Center, Room 161F  
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 Lawrence, KS 66045  
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**DEGREES:**

| DEGREE | DISCIPLINE                  | INSTITUTION                              | YEAR |
|--------|-----------------------------|--|------|
| BS     | Physical Education          | Texas Wesleyan University                | 1984 |
| MS     | Sport Psychology/Pedagogy   | University of North Carolina- Greensboro | 1990 |
| PhD    | Sport & Exercise Psychology | Purdue University                        | 1994 |

**EXPERIENCE:**

| RANK/POSITION          | DEPARTMENT/DIVISION                      | INSTITUTION/ORG.  | PERIOD       |
|------------------------|--|---|--------------|
| Associate Professor    | Health, Sport & Exercise Sci             | University of Kansas  | 2007-present |
| Associate Professor    | Human & Sport Sciences                   | University of Memphis   | 1999-2007    |
| Assistant Professor    | Human Movement Sciences<br>& Education   | University of Memphis   | 1994-99      |
| Editorial Assistant    | Journal of Applied Sport Psychology      |   | 1992-94      |
| Associate Investigator | Indiana Youth Risk Behavior              | Indiana Dept. of Education/Centers<br>Study for Disease Control | 1992         |
| Research Consultant    | Grant to Study Youth Sports              | National Institute for Fitness & Sport<br>Indianapolis, IN      | 1991         |
| Teaching Assistant     | Health, Kinesiology &<br>Leisure Studies | Purdue University   | 1990-92      |
| Teaching Assistant     | Sport & Exercise Science                 | U. of North Carolina-Greensboro                                 | 1989-90      |

| RANK/POSITION                         | DEPARTMENT/DIVISION        | INSTITUTION/ORG.                       | PERIOD      |
|---------------------------------------|----------------------------|--|-------------|
| Middle School Teacher                 | Physical Education         | Allen Middle School<br>Greensboro, NC  | 1988-89     |
| High School Teacher<br>& Tennis Coach | Physical Education/English | Martin High School<br>Arlington, TX    | 1987- 88    |
| High School Teacher<br>& Tennis Coach | Physical Education/English | Richland High School<br>Fort Worth, TX | 1984-87     |
| Instructor                            | University of Texas-Austin | Summer Tennis Camps                    | 1988 & 1989 |

### TEACHING EXPERIENCE:

#### Certification

Secondary Teacher Certification in English and Physical Education in the State of Texas, 1984.

**Instructor:** University of Texas at Austin. Taught at Summer Tennis Camp sponsored by head coaches Dave Snyder and Jeff Moore (1988 & 1990).

**High School Teacher & Coach:** Richland High School, Fort Worth, TX (1984-1987). Taught English and coached the Boys and Girls Varsity and Junior Varsity Teams. Developed a tennis program which involved 50 participants.

**High School Teacher & Coach:** Martin High School, Arlington, TX (1987- 1988). Taught English and Physical Education, and coached the Boys and Girls Varsity and Junior Varsity Teams.

**Middle School Teacher:** Allen Middle School, Greensboro, NC (1988-1989). My position was part of a funded collaborative research project between the Greensboro Public Schools and the University of North Carolina. Dr. Thomas Martinek directed the project.

**Teaching Assistant:** University of North Carolina-Greensboro, Department of Sport and Exercise Science (1989-1990). Taught physical activity classes and supervised undergraduate students who worked in the recreation facility.

**Teaching Assistant.** Purdue University, Department of Health, Kinesiology, & Leisure Studies (1990-1992). Taught physical activity classes and first aid labs.

**Assistant/Associate Professor:** University of Memphis, Department of Health & Sport Sciences (1994-2007).

**Associate Professor:** University of Kansas, Department of Health, Sport & Exercise Sciences

**Teaching Responsibilities:****Undergraduate**

- EXSS 3307 Psychosocial Aspects of Sport [UMemphis]  
 EXSS 3450 Psychological Aspects of Exercise [UMemphis]\*  
 EXSS 4605 Internship in Exercise & Sport Science [UMemphis]  
 EXSS 4999 Senior Project in Health, Physical Education, & Recreation [UMemphis]\*  
 HSES 385 Psychological Aspects of Exercise  
 HSES 440/640 Applied Sport Psychology [KansasU]\*

**Graduate**

- EXSS 7173 Sport and Exercise Psychology [UMemphis]\*  
 EXSS 6903 Developmental Perspectives in Youth Sport [UMemphis]\*  
 EXSS 7133 Current Readings: Motivation in Physical Activity Settings [UMemphis]\*  
 EXSS 7907 Special Topics: Applied Sport Psychology [UMemphis]\*  
 HSES 798 Special Course: Creating a Positive Environment in Physical Activity Settings [KansasU]\*  
 HSES 798 Special Course: Sport Psychology Within Youth Sport  
 HSES 798 Special Course: Advanced Sport Psychology  
 HSES 804 Sport Psychology  
 HSES 806 Stress Management [KansasU]  
 HSES 823 Behavior Modification [KansasU]  
 HSES 892 Psychological Foundations of Sport and Physical Activity [KansasU]  
 HSES 982 Research Ethics [KansasU]

\*Courses I developed.

**RESEARCH/SCHOLARSHIP PUBLICATIONS****Refereed Journal Publications:**

- Wineinger, T. O. & Fry, M. D. (2018). The power of a caring/task-involving climate to help students find their life's passion. *Kansas Association for Health, Physical Education, Recreation, & Dance Journal*, 90 (1), 49-56.
- Breske, M. P., Fry, M. D., Fry, A. C., & Hogue, C. M. (2017). The effects of goal priming on cortisol responses in an ego-involving climate. *Psychology of Sport and Exercise*, 32, 74-82.
- Brown, T. C., Fry, M. D., & Moore, E. W. G. (2017). A motivational climate intervention and exercise-related outcomes: A longitudinal perspective. *Motivation Science*, 3, 337-353
- Chamberlin, J. & Fry, M. D. (2017). High school athletes' perceptions of the motivational climate in their off-season training programs. *Journal of Strength and Conditioning Research*, 31, 736-742.
- Fontana, M. S., & Fry, M. D. (2017). Creating and validating the shame in sport questionnaire. *Journal of Sport Behavior*, 40, 278-296.
- Hogue, C. M., Fry, M. D., & Fry, A. C. (2017). The differential impact of motivational climates on adolescents' psychological and physiological stress responses. *Psychology of Sport and Exercise*, 30, 118-127. <http://dx.doi.org/10.1016/j.psychsport.2017.02.004>

- Fontana, M. S., **Fry, M. D.**, & Cramer, E. (2017). Exploring the relationship between athletes' perceptions of the motivational climate to their compassion, self-compassion, shame, and pride in adult recreational sport. *Measurement in Physical Education and Exercise Science*, 21, 101-111.
- Moore, E. W., G., & **Fry, M. D.** (2017). National franchise members' perceptions of the exercise psychosocial environment, ownership, and satisfaction. *Sport, Exercise, & Performance Psychology*, 6, 188-198.
- Moore, E. G. W., & **Fry, M. D.** (2017). Physical education students' ownership, empowerment, and satisfaction with PE and physical activity. *Research Quarterly for Exercise and Sport*, 88, 468-478. <https://doi.org/10.1080/02701367.2017.1372557>
- Iwasaki, S., & **Fry, M. D.** (2016). Female adolescent soccer players' perceived motivational climate, goal orientations, and mindful engagement. *Psychology of Sport & Exercise*, 27, 222-231. <http://dx.doi.org/10.1016/j.psychsport.2016.09.002>
- Claunch, J., & **Fry, M. D.** (2016). Native American football coaches' experience of a a motivational climate collaboration with sport psychology researchers. *International Journal of Sport Science & Coaching*, 11, 482-495. DOI: 10.1177/1747954116655047
- Brown, T. C., & **Fry, M. D.** (2015). Effects of an intervention with recreation center staff to foster a caring, task-involving climate. *Journal of Clinical Sport Psychology*, 9, 41-51.
- Fontana, M., Bass, J., & **Fry, M. D.** (2015). From Smith Center to Coney Island: Examining the coaching climate in the United States sporting culture. *Journal of Contemporary Athletics*, 9, 211-226.
- Fry, M. D.**, & Brown, T. C. (2015). A caring/task-involving climate intervention for youth sport camp leaders. *Kansas Association for Health, Physical Education, and Recreation Journal*.
- Moore, E. W. G., Brown, T. C., & **Fry, M. D.** (2015). Psychometric Properties of the Abbreviated Perceived Motivational Climate in Exercise Questionnaire. *Measurement in Physical Education and Exercise Science*, 19(4), 186-199.
- Poux, K., & **Fry, M. D.** (2015). Athletes' perceptions of their team motivational climate, career exploration and engagement, and athletic identity. *Journal of Clinical Sport Psychology*, 9, 360-372. <http://dx.doi.org/10.1123/jcsp.2014-0050>
- Brown, T. C. & **Fry, M. D.** (2014). College exercise class climates, physical self concept, and psychological well-being. *Journal of Clinical Sport Psychology*, 8, 299-313.
- Brown, T. C. & **Fry, M. D.** (2014). Motivational climate, staff and members' behaviors, and members' psychological well-being at a large national fitness franchise. *Research Quarterly for Exercise and Sport*, 85, 208-217.
- Moore, W. E. G., & **Fry, M. D.** (2014). Psychometric support for the Ownership in Exercise and Empowerment in Exercise Scales. *Measurement in Physical Education and Exercise Science*, 18, 1-17.
- Brown, T. C., & **Fry, M. D.** (2014). Evaluating the pilot of Strong Girls: A life skills/physical activity program for third and fourth grade girls. *Journal of Applied Sport Psychology*. 26, 52-65.
- Brown, T. C. & **Fry, M. D.** (2013). Association between females' perceptions of college aerobic class motivational climates and their responses. *Women & Health*, 58, 843-857.
- Brown, T. C., **Fry, M. D.**, & Little, T. (2013). The psychometric properties of the Perceived Motivational Climate in Exercise Questionnaire. *Measurement in Physical Education and Exercise Science* 17(1), 17-39.

- Hogue, C. M., Pornprasertmanit, S., **Fry, M. D.**, Rhemtulla, M., & Little, T. (2013). Planned missing data designs for spline growth models in salivary cortisol research. *Measurement in Physical Education and Exercise Science, 17*, 310-325.
- Iwasaki, S., & **Fry, M. D.** (2013). Evaluations of youth sport programs requested by sport administrators. *The Sport Psychologist, 27*, 360-371.
- Hogue, C.M., **Fry, M. D.**, Fry, A.C., Pressman, S. D. (2013). The influence of a motivational climate intervention on participants' salivary cortisol and psychological responses. *Journal of Sport and Exercise Psychology, 35*, 85-97.
- Fry, M. D.**, Guivernau, M., Kim, M., Newton, M., Gano-Overway, L., & Magyar, M. (2012). Youth perceptions of a caring climate, emotional regulation, and psychological well-being. *Sport, Exercise, & Performance Psychology, 1(1)*, 44-57.
- Huddleston, H., **Fry, M. D.**, & Brown, T. C. (2012). Corporate fitness members' perceptions of the environment and their intrinsic motivation. *Ravista de Psicología del Deporte, 21(1)*, 15-23.
- Brown, T.C., & **Fry, M. D.** (2011). Helping members commit to exercise: Specific strategies to impact the climate at fitness centers. *Journal of Sport Psychology in Action, 2*, 70-80.
- Brown, T. C., & **Fry, M. D.** (2011). Strong Girls: A physical activity/life skills intervention for girls transitioning to junior high. *Journal of Sport Psychology in Action, 2*, 57-69.
- Fry, M. D.** (2010). Creating a positive climate for young athletes from day 1. *Journal of Sport Psychology in Action, 1(1)*, 33-41.
- Fry, M. D.**, & Gano-Overway, L. (2010). Exploring the contribution of the caring climate to the youth sport experience. *Journal of Applied Sport Psychology, 22(3)*, 294-304.
- Dodd, R., Brown, T., & **Fry, M. D.** (2010). Young athlete's perceptions of their coaches' and teammates' caring and uncaring behaviors. *Kansas Association of Health Physical Education Recreation and Dance Journal, 83(1)*, 38-45.
- Binkley, S. E., **Fry, M. D.**, & Brown, T.C. (2009). The relationship of college students' perceptions of their BMI and weight status to their physical self-concept. *American Journal of Health Education, 40*, 139-145.
- Gano-Overway, L. A., Magyar, T. M., Kim, M., Newton, M., **Fry, M. D.**, & Guivernau, M. R. (2009). Influence of caring youth sport contexts on efficacy-related beliefs and social behaviors. *Developmental Psychology, 45*, 329-340.
- Newton, M., **Fry, M.D.**, Gano-Overway, L., Kim, M., Watson, D., & Givernau, M. (2007). Psychometric properties of the Contextual Caring Scale in a physical activity setting. *Revista de Psicología del Deporte, 16*, 67-84.
- Newton, M., Watson, D., **Fry, M.**, Gano-Overway, L., Kim, M., & Givernau, M. (2007). The impact of caring in physical activity. *Urban Review, 39*, 281-299.
- Haneishi, K., Fry A.C., Moore C.A., Schilling B.K., Li Y., and **Fry M.D.** (2007). Cortisol and stress responses during a game and practice in female collegiate soccer players". *Journal of Strength and Conditioning Research, 21*, 583-588.
- Magyar, M., Kim, M., Givernau, M., Gano-Overway, L., Newton, M., & **Fry, M.** (2007). The influence of leader efficacy and emotional intelligence on personal caring. *Journal of Teaching in Physical Education, 26*, 310-319.
- Bone, J., & **Fry, M.D.** (2006). The influence of injured athletes' perceptions of social support from ATCs on athletes' beliefs about rehabilitation. *Journal of Sport Rehabilitation, 15*, 156-167.
- Fry, A.C., Ciroslan D., **Fry M.D.**, LeRoux C.D., Schilling B.K., and Chiu L.Z.F. (2006),

- Anthropometric and performance variables discriminating elite junior weightlifters. *Journal of Strength and Conditioning Research*, 20, 861-866.
- Smith, S., **Fry, M. D.**, Ethington, C., & Li, Y. (2005). The effects of athletes' perceptions of their coaching behaviors on their perceptions of the motivational climate. *Journal of Applied Sport Psychology*, 17, 1-8.
- Fry, M. D.**, & Newton, M. (2003). Application of achievement goal theory in an urban youth tennis setting. *Journal of Applied Sport Psychology* 15, 50-66.
- Abma, C. L., **Fry, M. D.**, Li, Y., & Relyea, G. (2002). Differences in imagery content and imagery ability between high and low confident track and field athletes. *Journal of Applied Sport Psychology*, 13, 341-349.
- Walling, M. D.**, Duda, J. L., & Crawford, T. (2002). Goal orientations, outcome, and responses to youth sport competition among high/low perceived ability athletes. *International Journal of Sport Psychology*, 14, 140-156.
- Fry, M. D.** [2000). A developmental examination of children's understanding of task difficulty in the physical domain. *Journal of Applied Sport Psychology*, 12, 180-202.
- Fry, M. D.** (2000). A developmental analysis of children's and adolescents' understanding of luck and ability in the physical domain. *Journal of Sport and Exercise Psychology*, 22, 145-166.
- Fry, A.C., Webber, J. M., Weiss, L.W., **Fry, M. D.**, & Li, Y. (2000). Impaired performances with excessive high-intensity free-weight training. *Journal of Strength and Conditioning Research*, 14, 54-61.
- Fry, M. D.**, & Lattimore, D. (2000). Fostering a positive motivational climate in physical education. *Tennessee Educational Leadership Journal*, 27, 39-43.
- Fry, M. D.**, & Fry, A. C. (1999). Goal perspectives and motivational responses of elite junior weightlifters. *Journal of Strength and Conditioning Research*, 13, 311-317.
- Newton, M., & **Fry, M. D.** (1998). Senior Olympians achievement goals and beliefs concerning success. *Journal of Aging and Physical Activity*, 6, 256-270.
- Fry, M. D.** (1998). Al Oerter: An Olympian's views as seen from a sport psychology perspective. *Strength and Conditioning*, 20, 7-14.
- Fry, M. D.** & Duda, J. L. (1997). A developmental examination of children's understanding of effort and ability in the physical and academic domains. *Research Quarterly for Exercise and Sport*, 66, 331-344.
- Walling, M. D.**, & Duda, J. L. (1995). Goals and their associations with beliefs about success in and perceptions of the purpose of physical education. *Journal of Teaching in Physical Education*, 14, 140-156.
- Walling, M. D.**, & Duda, J. L. (1995). Motivating kids: Balance learning and fun. *Sport Psychology Training Bulletin*, 4, 1-8.
- Duda, J. L., Chi, L., Newton, M. L., **Walling, M. D.**, & Catley, D. (1995). Task and ego orientation and intrinsic motivation in sport. *International Journal of Sport Psychology*, 26, 40-63.
- Walling, M. D.**, & Martinek, T. (1995). Learned helplessness in a sixth grade physical education student: A case study. *Journal of Teaching in Physical Education*, 14, 454-466.
- Walling, M. D.**, Duda, J. L., & Chi, L. (1993). The perceived motivational climate in sport questionnaire: Construct and predictive validity. *Journal of Sport and Exercise Psychology*, 15, 172-183.

### Invited Book Chapter

- Fry, M. D., & Hogue, C. M.** (in press). Psychological considerations for children in sport and performance. In Oliver Braddick (Ed.), *Oxford Research Encyclopedia of psychology*. New York: Oxford University Press.
- Fry, M. D., & Moore, E. W. G.** (in press). *Motivation in sport: Theory to Application*. In M. H. Anshel (Ed.), T. Petrie, E. Labbe, S. Petruzello, & J. Steinfeldt (Assoc. Eds.), *APA handbook of sport and exercise psychology: Vol. 1. Sport psychology*. Washington DC: American Psychological Association.
- Fry, M. D.** (2014). Sport and Exercise Psychology as a Venue to Develop “Difference Makers”. In K. Vaidya (Ed.), *Exercise and Sports for the Curious: Why Study Exercise and Sports*.
- Fry, M. D.** (2001). The development of motivation in children. In G. Roberts (Ed.), *Motivation in sport and exercise (2<sup>nd</sup> Ed.)*, pp. 51-78, Champaign, IL: Human Kinetics.

### PRESENTATIONS

#### Invited International Presentations

- Fry, M. D.** (2016). *The power of a caring and task-involving climate in sport*. Children International, Guatemala City, Guatemala.
- Fry, M. D.** (2005, March). *Creating a positive motivational climate in physical activity settings*. Sao Paulo, Brazil.
- Duda, J. L., & **Walling, M. D.** (1993, November). *Toward a developmental theory of motivation in sport*. University of Barcelona, Barcelona, Spain.
- Walling, M. D.** (1993, November). *The examination of Nicholls' developmental theory of motivation in the physical domain*. University of Valencia, Valencia, Spain.
- Walling, M. D.** (1993, November). *Motivational aspects in physical education for school-age Children*. National Physical Education Institute, Lleida, Spain.
- Duda, J. L., & **Walling, M. D.** (1993, November). *A conceptual and empirical examination of the motivational climate created by coaches*. University of Barcelona, Barcelona, Spain.

#### Refereed Presentations at National Conferences

- Breske, M., **Fry, M. D., A., & Hogue, C. M.** (2017). *The effects of goal priming on cortisol responses in an ego-involving climate*. Association for Applied Sport Psychology, Orlando, FL.
- Chamberlin, J., **Fry, M. D., & Iwasaki, S.** (2017). *The influence of high school athletes' perceptions of the motivational climate on athletic identity and academic endeavors*. Association for Applied Sport Psychology, Orlando, FL.
- Easton, L., **Fry, M. D., & Iwasaki, S.** (2017). *The relationship of fitness center members' goal orientations and perceptions of the motivational climate to variables related to well-being and motivational responses*. Association for Applied Sport Psychology, Orlando, FL.
- Fontana, M. & **Fry, M. D.** (2017). *Exploring the relationship between motivational climate and shame*. Association for Applied Sport Psychology, Orlando, FL.
- Fry, M. D., Thompson, J., Iwasaki, S., & Reid, C.** (2017). *Bridging theory, research, and practice in youth sports: sport psychology's partnership with positive coaching alliance to enhance youth sport*. Association for Applied Sport Psychology, Orlando, FL.

- Glover, K., **Fry, M. D.**, & Weingartner, H. (2017). *Helping a women's intersport network provide a winning experience for girls in their summer sport camps*, Association for Applied Sport Psychology, Orlando, FL.
- Tyler, E., Warlick, C., Cole, B., & Fry, M. D. (2017). *Collegiate student-athletes' perceptions of their sport team climate and level of hope*. Association for Applied Sport Psychology, Orlando, FL.
- Tyler, E., Warlick, C., Cole, B., & Fry, M. D. (2017). *Relationship among student-athletes' perceptions of the climate, locker room talk, and sexual behaviors*. Association for Applied Sport Psychology, Orlando, FL.
- Hogue, C. M., **Fry, M. D.**, & Fry, A. C. (2017). *Adolescents' Physiological Stress Responses to Motivational Climate in a Physical Education Setting*. Society for Physical Education and Health, Boston, MA.
- Claunch, J. & **Fry, M. D.** (2016). *Setting the stage for a motivational climate collaboration*. Association for Applied Sport Psychology, Phoenix, AZ.
- Chamberlin, J., **Fry, M. D.**, & Iwasaki, S. (2016). *High school athletes' perceptions of the motivational climate in their off-season Training Programs*. Association for Applied Sport Psychology, Phoenix, AZ.
- Easton, L., Iwasaki, S., & **Fry, M. D.** (2016). *The relationship of members' perceptions of the motivational climate to their Psychological well-being at a university medical center fitness facility*. Association for Applied Sport Psychology, Phoenix, AZ.
- Fry, M. D.**, Iwasaki, S., Vanorsby, H., & Breske, M. (2016). *Masters' swimmers' perceptions of the climate in their training facilities and their motivational responses*. Association for Applied Sport Psychology, Phoenix, AZ.
- Fry, M. D.**, Solomon, G., Iwasaki, S., Madeson, M., Vanorsby, H., Meisinger, R., & Haberer, J. (2016). *Division I athletes' perceptions of their team climate, mental skills, and mindfulness*. Association for Applied Sport Psychology, Phoenix, AZ.
- Hogue, C. M., **Fry, M. D.**, & Fry, A. C. (2016). *Physiological and psychological stress responses to a motivational climate intervention*. Association for Applied Sport Psychology, Phoenix, AZ.
- Fontana, M., & **Fry, M. D.** (2016). *Creating and validating the Shame in Sport Questionnaire*. Association for Applied Sport Psychology, Phoenix, AZ.
- Hogue, C. M., & **Fry, M. D.** (2016). *Leader observations of participant behaviors during a motivational climate intervention: A qualitative investigation*. Association for Applied Sport Psychology, Phoenix, AZ.
- Iwasaki, S., & **Fry, M. D.** (2016). *Male High School Athletes' Perceptions of Their Team Climate and Mindful Engagement*. Association for Applied Sport Psychology, Phoenix, AZ.
- Iwasaki, S., **Fry, M. D.**, Vanorsby, H., Breske, M. (2016). *Master swimmers' perceptions of the climate in their training facilities and their motivational responses*. Association for Applied Sport Psychology, Phoenix, AZ.
- Brown, T. C., M. S., **Fry, M. D.**, Breske, M., Iwasaki, S., & Wilkinson, T. (2015). *High school athletes' perceptions of their sport team climate and their willingness to report concussion symptoms*. Association for Applied Sport Psychology, Indianapolis, IN.
- Fry, M. D.**, Brown, T. C., Iwasaki, S., Breske, M., & Wilkinson, T. (2015). *Middle school athletes' perceptions of their sport team climate and their willingness to report concussion symptoms*. Association for Applied Sport Psychology, Indianapolis, IN.



- Fry, M. D., & Easton, L.** (2015). *Health in Action: Helping students design creative interventions onsite*. Kansas Alliance for Physical Education, Health, Recreation, & Dance, Wichita, KS.
- Fontana, M. S., Iwasaki, S., Hogue, C., Claunch, J., Poux, K., & Fry, M. D. (2014). *Initiating mental skills training with a high school freshman baseball*. Association for Applied Sport Psychology, Las Vegas, NE.
- Fry, A.C., Fry, M. D., Sterczala, A. J., Chiu, L. Z. F., Schilling, B., & Weiss, L. W. (2014). *High power resistance exercise overreaching can be monitored with a training questionnaire*. National Strength and Conditioning Association, Las Vegas, NE.
- Medina, R, Fry, M. D., & Iwasaki, S. (2014). Youngsters' perceptions of the climate and their experiences in recreational exercise classes. Association for Applied Sport Psychology, Las Vegas, NE.
- Rosen, D., & Fry, M. D. (2014). *Motivational climate and seniors' experiences in group exercise classes*. Association for Applied Sport Psychology, Las Vegas, NE.
- Hogue, C. M., & **Fry, M. D.** (2013). *A qualitative examination of participant reactions to a motivational climate intervention*. Association for Applied Sport Psychology, New Orleans, LA.
- Kwon, S., & **Fry, M. D.** (2013). *Mediational role of interest and intrinsic motivation between perceived caring climate and satisfaction and attitudes among physical education students*. Association for Applied Sport Psychology, New Orleans, LA.
- Moore, E. W. G., & **Fry, M. D.** (2013). PE teachers' perspective on a motivational climate professional development session. Association for Applied Sport Psychology, New Orleans, LA.
- Claunch, J. & **Fry, M. D.** (2013). *Transformative learning experience: Collegiate football coaches' perceptions of participating in a motivational climate intervention*. Association for Applied Sport Psychology, New Orleans, LA.
- Moore, E. W. G., & **Fry, M. D.** (2012). Goal orientations, motivational climate, and outcomes in physical education across one semester. Association for Applied Sport Psychology to held in Atlanta, GA.
- Kwon, S., & **Fry, M. D.** (2012). *The change of physical educators' enjoyment and intrinsic motivation of track and field through PST*. Association for Applied Sport Psychology, Atlanta, GA.
- Iwasaki, S., & **Fry, M. D.** (2012). *Physical education students' perceptions of the climate and their psychological well-being*. Association for Applied Sport Psychology, Atlanta, GA.
- Hogue, CM., **Fry, M.D.**, Fry, A.C., & Pressman, S. D. (2012). *Participant salivary cortisol and psychological responses to a motivational climate intervention*. Association for Applied Sport Psychology, Atlanta, GA.
- Fry, M. D.**, Brown, T. C., & Iwasaki, S. (2012). *Girls' self perceptions after participating in a positive life skills/physical activity program*. Association for Applied Sport Psychology, Atlanta, GA.
- Brown, T. C., & **Fry, M. D.** (2012). *Results of a caring, task-involving climate intervention at a recreation center*. Association for Applied Sport Psychology, Atlanta, GA.
- Kwon, S., & **Fry, M. D.** (2011). *The effects of athletes' self-management on their self-confidence*. Association for Applied Sport Psychology, Honolulu, HI.
- Andre, M. J., Fry, A.C., Gallagher, P. M., Vardiman, P., **Fry, M. D.** Kudrna, B., Gandy-Moody,

- N., & McCartney, M. (2011). *The effects of a pre-workout caffeine supplement on endogenous growth hormone levels*. A presentation made at the meeting of the National Strength and Conditioning Association, Las Vegas, NE.
- Hogue, C. M., Iwasaki, S., & **Fry, M. D.** (2011). *A case study of a physical activity/mental skills training intervention with a young athlete*. Association for Applied Sport Psychology, Honolulu, HI.
- Iwasaki, S., & **Fry, M. D.** (2011). *The exploration of motivational climate in a youth sport basketball camp*. Association for Applied Sport Psychology, Honolulu, HI.
- Fry, M. D.** (2011). *From the Strong Girls' viewpoints: Research results from semester 1*. Association for Applied Sport Psychology, Honolulu, HI.
- Fry, M. D.** (2011). *The exercise climate: An introduction to the research on examining task-involving and caring climates in the exercise domain*. Association for Applied Sport Psychology, Honolulu, HI.
- Fry, M. D.**, Hogue, C. M., Sauer, S. (2011). *Using digital storytelling as a creative tool in health*. American Alliance of Health, Physical Education, Recreation, & Dance, San Diego, CA.
- Kwon, S., & **Fry, M. D.** (2010). *Relationship of exercisers' perceptions of the motivational climate to their flow experience*. Association of Applied Sport Psychology, Providence, RI.
- Iwasaki, S., Merczek, K., & **Fry, M. D.** (2010). *Young athletes' experiences in a volleyball camp*. Association of Applied Sport Psychology, Providence, RI.
- Iwasaki, S., Sogabe, A., **Fry, M. D.**, & Christensen, E. (2010, June). *Differences in aggression and social skills among judo and non-judo practitioners*. American College of Sports Medicine, Baltimore, MD.
- Hogue, C. M., **Fry, M. D.**, & Brown, T. C. (2010). *Incorporating team building activities in a summer day camp for children: Lessons learned*. Association of Applied Sport Psychology, Providence, RI.
- Brown, T. C., & **Fry, M. D.** (2010). *Caring climate intervention for sport skills and fitness camp leaders*. Association of Applied Sport Psychology, Providence, RI.
- Brown, T. C., & **Fry, M. D.** (2010). *Teaching life skills in a physical activity after-school program*. American School Health Association, Kansas City, MO.
- Moore, E. W., & **Fry, M. D.** (2009). *The effect of a caring and task-involving climate on student empowerment and ownership in physical activity classes*. Association for Applied Sport Psychology, Salt Lake City, UT.
- Kwon, S., & **Fry, M. D.** (2009). *Members' perceptions of their fitness club climate and their exercise flow*. Association for Applied Sport Psychology, Salt Lake City, UT.
- Hogue, C. M., **Fry, M. D.**, & Dodd, R. (2009). *Athletes' perceptions of the climate at their training centers and their motivational responses*. Association for Applied Sport Psychology, Salt Lake City, UT.
- Fry, M. D.** (2009). *From theory to practice: Creating positive and caring environments in the real world*. Association for Applied Sport Psychology, Salt Lake City, UT.
- Brown, T. C., & **Fry, M. D.** (2009). *Students' perceptions of their exercise class environment and their psychological well-being*. Association for Applied Sport Psychology, Salt Lake City, UT.
- Marshall, K., Stephens, L., Grindle, V., **Fry, M. D.**, & Li, Y. (2009). *Mental imagery and EEG activity in elite and novice collegiate soccer players*. Association for Applied Sport Psychology to be, Tampa, FL.

- Brown, T. C., & **Fry, M. D.** (2009). *Participants' perceptions of a caring and positive climate in their exercise classes*. American Alliance of Health, Physical Education, Recreation, & Dance, Tampa, FL.
- Fry, M. D.**, Dodd, R. K., & Brown, T. C. (2008). *Young athletes' perceptions of their coaches' and teammates' caring and uncaring behaviors*. Association for Applied Sport Psychology, St. Louis, MO.
- Binkley, S.E., & **Fry, M. D.** (2007). *The relationship of college students' perceptions of their BMI and weight status to their physical self-concept*. Association for Applied Sport Psychology, Louisville, KY.
- Smith, H., **Fry, M.D.**, Li, Y., & Weiss, L. (2006). *The relationship of anxiety and self-confidence to treadmill exercise tolerance tests performance by sedentary obese women*. Association for the Advancement of Applied Sport Psychology, Miami, FL.
- McCarty, L., **Fry, M.D.**, & Curly, C. (2006). *The relationship of a caring climate to motivational responses and psychological well-being in youth baseball*. Association for the Advancement of Applied Sport Psychology, Miami, FL.
- Gano-Overway, L. A., Newton, M., Magyar, AM., **Fry, M. D.**, Kim, M., & Guivernau, M. (2006). *Caring, self-regulatory efficacy, empathic efficacy, and prosocial/antisocial behaviors in a physical activity setting*. Association for the Advancement of Applied Sport Psychology, Miami, FL.
- Fry, A.C., Haneishi, K., Moore, C.A., Schilling, B.K., Li, Y., & **Fry, M.D.** (2006). *Cortisol and stress responses during a game and practice in female collegiate soccer players*. National Conference on Student Assessment, Washington, D.C.
- Bricker, J. B., & **Fry, M. D.** (2005). *The influence of injured athletes' perceptions of social support from their certified athletic trainers on athletes' beliefs about rehabilitation*. Association for the Advancement of Applied Sport Psychology, Vancouver, British Columbia, Canada.
- Magyar, M., Guivernau, M., Gano-Overway, L., Newton, M., **Fry, M.D.**, Kim, M., & Watson, D. (2005). *Exploring the relationship between the caring climate and achievement goal theory among underserved youth in physical activity*. American Alliance of Health, Physical Education, Recreation & Dance, Chicago, IL.
- Fry, M.D.**, & Newton, M. (2004, September). *The development of the Caring Climate Questionnaire*. Association for the Advancement of Applied Sport Psychology, Minneapolis, MN.
- Smith, S., **Fry, M.D.**, & Ethington, C. (2004, September). *The effect of female athletes' perceptions of their coaches' behaviors on their perceptions of the motivational climate*. Association for the Advancement of Applied Sport Psychology, Minneapolis, MN.
- McCay, K., & **Fry, MD.** (2004, September). *The examination of goal perspective theory in relationship to measures of psychological well-being*. Association for the Advancement of Applied Sport Psychology, Minneapolis, MN.
- McCay, K., & **Fry, M.D.** (2004, March). *Predictors of adolescent depression: The role of physical activity and body image*. Society of Behavioral Medicine, Baltimore, MD.
- Henry, H., & **Fry, M.D.** (2003, October). *Corporate fitness members' perceptions of the motivational climate, their intrinsic motivation, and perceptions of being valued by their employer*. Association for the Advancement of Applied Sport Psychology, Philadelphia, PA.
- Fry, M.D.**, Pittman, L., McCay, K., & Wendell, M. (2003, October). *A qualitative examination*

- of underserved 4th grade girls' views about physical education.* Association for the Advancement of Applied Sport Psychology, Philadelphia, PA.
- Fry, M. D.,** Abma, C., Wood, J., & Melland, B. (2002, October). *The effects of an after-school physical activity and life skills program on 4th graders' self concept, motivational perspectives, and fitness levels.* Association for the Advancement of Applied Sport Psychology, Tucson, AZ.
- Abma, C., & **Fry, M. D.** (2002, October). *The effects of an imagery intervention on the trait confidence levels of female college volleyball players.* Association for the Advancement of Applied Sport Psychology, Tucson, AZ.
- Duda, J.L., Smith, M., & **Fry, M. D.** (2002, June). *An examination of learned helpless responses among young children engaged in physical tasks.* North American Society for the Psychology of Sport and Physical Activity, Baltimore, MD.
- Newton, M., **Fry, M.D.,** & Bernhardt, P. (2001, October). *Examination of the interactive relationship of goal orientations, perceptions of the motivational climate, and perceived ability in youth tennis players.* Association for the Advancement of Applied Sport Psychology, Orlando, FL.
- Abma, C. & **Fry., M. D.** (2001, May). *A qualitative examination of underserved 8th grade female students' attitudes about physical education.* 10th World Congress of Sport Psychology held in Skiathos, Greece.
- Lattimore, D., **Fry, M. D.,** & Balas, C. (2000, October). *Students' perceptions of the motivational climate and their motivational responses in physical education.* Association for the Advancement of Applied Sport Psychology, Nashville, TN.
- Fry, M. D.,** Lattimore, D., & Balas, C. (2000, October). *A developmental examination of children's accuracy in judging their physical ability in physical education.* Association for the Advancement of Applied Sport Psychology, Nashville, TN.
- Fry, M.D.,** & Newton, M. (1999, September). *Goal orientations, perceptions of the motivational climate, and motivational responses of urban youth tennis players.* Association for the Advancement of Applied Sport Psychology, Banff, Canada.
- Fry, M. D.,** Lattimore, D., & Balas, C. (1999, September). *A developmental analysis of conceptions of effort and physical ability among underserved youth.* Association for the Advancement of Applied Sport Psychology, Banff, Canada.
- Harber, M. P., **Fry, M. D.,** & Fry, A. C. (1998). *Sources of stress identified by elite collegiate weightlifters.* A paper presented at the annual meeting of the National Strength and Conditioning Association, Nashville, TN.
- Fry, M. D.,** Fry, A. C., & Newton, M. (1997, September). *Sources of stress identified by elite junior weightlifters.* Association for the Advancement of Applied Sport Psychology, San Diego, CA.
- Newton, M., **Fry, M. D.,** & Sandberg, J. (1997). *Goal orientations and purposes of sport and beliefs concerning success among senior Olympians.* North American Society for the Psychology of Sport and Physical Activity, Denver, CO.
- Fry, M. D.** (1997, March). *Symposium: Goal perspectives in physical education and sport: Theory into practice.* American Alliance for Health, Physical Education, Recreation, and Dance, St. Louis, MO.
- Fry, M. D.** (1996, October). *Children's understanding of luck and ability: A developmental analysis.* Association for the Advancement of Applied Sport Psychology, Williamsburg, VA.
- Fry, M. D.** (1996, October). *The motivational climate in sport and physical education: An*

- introduction to theory and research. Association for the Advancement of Applied Sport Psychology, Williamsburg, VA.
- Fry, M. D., & Fry, A. C.** (1996, June). *Goal perspectives and motivational responses of elite junior weightlifters*. National Strength and Conditioning Association, Atlanta, GA.
- Fry, M. D., & Alexander, C.** (1996, June). Children's understanding of task difficulty: A developmental analysis. North American Society for the Psychology of Sport and Physical Activity, Cleveland's House, Canada.
- Duda, J. L., & Walling, M. D.** (1995, October). Views about the Motivational climate and their self perceptions/affective correlates: The case for young elite female gymnasts. Association for the Advancement of Applied Sport Psychology, New Orleans, LA.
- Newton, M. L., & Walling, M. D.** (1995, October). Goal orientations and beliefs about the causes of success among senior Olympic games participants. North American Society for the Psychology of Sport and Physical Activity, Asilomar, CA.
- Walling, M. D.** (1994, October). *Developmental differences in children's views regarding physical competence*. Association for the Advancement of Applied Sport Psychology, Lake Tahoe, NV.
- Walling, M. D., & Duda, J. L.** (1994, June). Children's understanding of effort and ability in the physical domain. North American Society for the Psychology of Sport and Physical Activity, Clearwater Beach, FL.
- Walling, M. D., Duda, J. L., Newton, M., & White, S.** (1993, October). *The Task and Ego Orientation in Sport Questionnaire: Further analysis with youth sport participants*. Association for the Advancement of Applied Sport Psychology, Montreal, CANADA.
- Walling, M. D., & Duda, J. L.** (1993, March). *Goals and their associations with beliefs about success in and perceptions of the purpose of physical education*. American Alliance for Health, Physical Education, Recreation, and Dance, Washington, DC.
- Walling, M. D.** (1993, February). *Children's conceptions of effort and ability in the physical domain: A dissertation in progress*. Midwest Sport Psychology Symposium, Miami University, Oxford, OH.
- Walling, M. D., Duda, J. L., & Crawford, T.** (1992, October). *The relationship between goal orientations and positive attitudes toward sport and exercise among young athletes*. Association for the Advancement of Applied Sport Psychology, Colorado Springs, CO.
- Walling, M. D., Duda, J. L., & Crawford, T.** (1992, June). *The psychometric properties of the perceived motivational climate in sport questionnaire: Further investigation*. North American Society for the Psychology of Sport and Physical Activity, Pittsburgh, PA.
- Walling, M. D., Crawford, T., Duda, J. L., & Wigglesworth, J.** (1992, April). *Are we having fun yet and will we want to play again?: The interrelationships between goal perspectives and other motivational variables in youth sport athletes*. American Alliance for Health, Physical Education, Recreation, and Dance, Indianapolis, IN.
- Walling, M. D., & Catley, D.** (1992, April). *Jack and Jill in physical education class: Do they think their instructor treats them differently?* American Alliance for Health, Physical Education, Recreation, and Dance, Indianapolis, IN.
- Walling, M. D., & Catley, D.** (1992, February). *Sex role stereotyping among college instructors and students' perceptions of instructor gender bias*. Midwest Sport Psychology Symposium, Purdue University, West Lafayette, IN.
- Walling, M. D., Catley, D., & Taylor, A.** (1991, June). *The interrelationships between goal*

*perspectives, perceived competence, and indices of intrinsic motivation.* North American Society for the Psychology of Sport and Physical Activity, Asilomar, CA.

**Walling, M. D.** (1991, April). *Learned helplessness: A case study of a sixth grade physical education student.* American Alliance for Health, Physical Education, Recreation and Dance, San Francisco, CA.

### **State/Regional Presentations**

**Fry, M. D.** (2016). *KU Graduate Programs in Health, Sport & Exercise Science.* Morehouse College Graduate Program Fair (February, 2016).

**Fry, M. D.** (2016, Fall). *Keys to Helping Athletes Develop Strong Mental Skills: The Role of Sport Psychology.* Keynote for Greenbush Coaching Conference, Eudora, KS.

**Fry, M. D.** (2016, Spring). *Working with and bringing out the best in difficult athletes.* Greenbush Coaching Conference, Eudora, KS.

**Fry, M. D.** (2015). *Bringing out the Best in Every Swimmer: The Contribution of Sport Psychology.* Keynote delivered to US Master Swim at their National Conference; Kansas City, KS.

**Fry, M. D.** (2015). *Caring Climates for Physical Activity Settings.* University of Milwaukee, Wisconsin.

**Fry, M. D.** (2015). *Creating a Caring Climate to Maximize Athletes' Potential On and Off the Field.* Keynote presented at the Positive Coaching Alliance Trainers' Institute.

**Fry, M. D.** (2015). *Maximizing Athletes' Potential On and Off the Field.* Keynote delivered to X's and O's Coaching Education Workshop, Emporia State University, Emporia, KS.

**Fry, M. D.** (2015). *Setting the Stage for Coaches to Optimize Athletes' Motivation.* Big XII invited lecture at Texas Christian University; Fort Worth, TX.

**Fry, M. D., Moore, E. W., G., Iwasaki, S., Fontana, M., Hogue, C., Claunch, J., & McGhee, R.** (2012). *Building Mentally Strong Athletes: Ideas for Incorporating Mental Skills Training with Sport Teams.* Kansas Alliance for Health, Physical Education, Recreation, & Dance in Lawrence, KS.

**Fry, M. D.** (2012). *Strong Girls: Hearing About the Benefits of a Physical Activity/Positive Life Skills Program from the Leaders and Kids.* Kansas Alliance for Health, Physical Education, Recreation, & Dance in Lawrence, KS.

**Moore, E. W., & Fry, M. D.** (2010). *Kids don't care what you know until they know that you care: Tips for building caring environments.* Kansas Alliance for Health, Physical Education, Recreation & Dance, Wichita, KS.

**Brown, T., Fry, M. D., & Hogue, C.** (2010). *Positive life skills for every walk of life.* Kansas Alliance for Health, Physical Education, Recreation & Dance, Wichita, KS.

**Fry, M. D., Brown, T., Moore, E. W., Hogue, C., Sauer, S., & Beyer, J.** (2010). *Team time: Team building activities for any group to use and process.* Kansas Alliance for Health, Physical Education, Recreation & Dance, Wichita, KS.

**Williamson, K., & Fry, M. D.** (2009). *Bringing out the best in your athletes: Making sport fun again while enhancing your team's competitive edge.* Kansas Alliance for Health, Physical Education, Recreation & Dance, Pittsburg, KS.

**Moore, W. E., & Fry, M. D.** (2009). *Are we building character or characters?: Strategies for promoting integrity among young athletes.* Kansas Alliance for Health, Physical Education, Recreation & Dance held in Pittsburg, KS.

- Brown, T. C., & Fry, M. D. (2009). *Ideas to implement in a youth physical activity life skills program*. Kansas Alliance for Health, Physical Education, Recreation and Dance held in Pittsburg, KS.
- Fry, M. D., Dodd, R., Brown, T. C. (2008). *Getting them interested and coming back: Creating a positive and caring environment in exercise settings*. Kansas Association of Health, Physical Education, Recreation and Dance, Emporia, KS.
- Fry, M. D. (2005). *Creating a Positive Climate and Optimizing Motivation in Physical Education & on Sport Teams*. An invited presentation for the Lutheran Schools Midsouthern Regional Conference held in Memphis, TN.

### **Memberships in Professional Organizations**

- American Psychological Association (2018)
- American Alliance for Health, Physical Education, Recreation, and Dance (1988-present).
- Association for Applied Sport Psychology, Member (1991-present).
- Kansas Alliance for Health, Physical Education, Recreation, & Dance (2008-present).
- North American Society for the Psychology of Sport and Physical Activity, Member (1988-2000).
- Indiana Association for Health, Physical Education, Recreation, and Dance, Member (1993-1994).
- Tennessee Association for Health, Physical Education, Recreation, and Dance, Member (1994-2000).

### **SUPPORT**

#### **EXTERNAL FUNDING**

|  | <b>AGENCY/SOURCE</b>                     | <b>AMOUNT</b> | <b>PERIOD</b> |
|--|--|---------------|---------------|
| Rock Chalk, Zuni   | Running Strong for American Indian Youth | \$5000        | 2017-2018     |
| Strong Girls: A positive life skills intervention for 3 <sup>rd</sup> -5 <sup>th</sup> girls     | Kohl's Cares for Kids                    | \$4000        | 2011          |
| Students' salivary stress responses when juggling in two distinct motivational climates          | Association of Applied Sport Psychology  | \$2800        | 2010-11       |
| Effects of resistance exercise and a Pre-workout dietary supplement on Physiological adaptations | Labrada                                  | \$5000        | 2010          |
| Strong Girls: A positive life skills physical activity intervention for elementary school girls  | Association of Applied Sport Psychology  | \$3220        | 2009-10       |
| Fostering & maintaining motivation among urban youth tennis players                              | United States Tennis Association         | \$10,000      | 1997-98       |

#### **GRANT/PROPOSALS**

#### **AGENCY/SOURCE**

#### **AMOUNT PERIOD**

| <b>PROPOSALS NOT FUNDED</b>  | <b>AGENCY/SOURCE</b>   | <b>AMOUNT</b> | <b>PERIOD</b> |
|--|--|---------------|---------------|
| Children's International<br>Guatemala & US Collaboration   | ASportsUnited: International<br>Sports Programming Initiative    | \$224,953     | 2012          |
| Dare to Care: Tackling Childhood<br>Obesity  | Albert Foundation  | \$46,000      | 2013          |
| Strong Girls: A positive life<br>skills/physical activity program  | Live-Well Lawrence-<br>Kansas Health Foundation                  | \$5000        | 2011          |
| Strong Girls: A positive life<br>skills/physical activity program<br>for girls   | Payless Foundation   | \$15, 000     | 2011          |
| Strong Girls: A positive life skills/<br>Physical activity program for children  | Sprint Foundation  | \$168, 000    | 2011          |
| <b>SUPPORT</b>   |  |               |               |
| <b>INTERNAL FUNDING</b>  |  |               |               |
| Strong Girls: A community life<br>skills/physical activity research<br>and service project for elementary<br>girls in Lawrence.        | University of Kansas<br>KU SOE Academic Year<br>Research Support | \$8000        | 2011          |
| Examining the motivational<br>climate in a national fitness<br>company.  | University of Kansas<br>Faculty Research Grant                   | \$5000        | 2010          |
| Strong Girls: A physical activity<br>and life skills intervention for<br>faculty adolescent girls.                                     | University of Kansas<br>Research Grant                           | \$6000        | 2009          |
| A team building/mental skills<br>intervention for children<br>enrolled in a summer camp.   | University of Kansas<br>New Faculty Research Grant               | \$8000        | 2008          |
| The relationship between young<br>athletes' perceptions of a caring<br>climate on their sport teams to<br>their motivational responses | University of Memphis Faculty<br>Research Grant                  | \$6000        | 2005          |
| Effect of a strength training<br>intervention for underserved<br>elementary students   | University of Memphis Faculty<br>Research Grant                  | \$4000        | 2000-02       |



|   |  |                                      |         |
|---|--|--------------------------------------|---------|
| An examination of black females' perceptions of physical activity   | Center for Research on Educational Policy, University of Memphis | \$5000                               | 2000    |
| Children's perceptions of ability and their motivational responses in physical education class.                     | Center for Research on Educational Policy, University of Memphis | \$3800                               | 1999    |
| The motivational implications of students' understanding of effort and ability in the physical domain.              | University of Memphis Faculty Research Grant                     | \$4000                               | 1995    |
| Children's understanding of luck and ability, and task difficulty.  | University of Memphis Faculty Research Grant                     | \$3000                               | 1994    |
| Developmental differences in children's conceptions of ability, effort, and task difficulty in the physical domain. | Purdue Foundation Grant  | \$9,900<br>(per year<br>for 2 years) | 1992-94 |

### **Community Presentations**

**Fry, M. D.** (November, 2017). Sport Psychology: Setting a Positive Tone for the Team (Sessions A & B, repeated). Greenbush Fall Coaches' Workshop.

**Fry, M. D.** (November, 2017). *Lead campus participation in celebration of World Kindness Day.*

**Fry, M. D.** (June, 2016). *Mental Skills: A Key Ingredient for Excellence in Cross Country.* Workshop for Eudora High School Cross Country Team; Eudora, KS.

**Fry, M. D.** (2016). *Creating a Caring and Task-Involving Climate in CI's Game On Program.* A presentation for CI Employees at the International Headquarters Office in Kansas City, KS.

**Fry, M. D.** (2016). *Team Building: The Potential for Children International.* Workshop for Children International Employees at the National Headquarters office in Kansas City, KS.

**Fry, M. D.** (2015). *Activities and Strategies to Help Children and Adolescents Thrive in Physical Activity Settings.* Topeka Parks and Recreation Conference; Topeka, KS.

**Fry, M. D.** (2015). *Fostering Wellness at the Worksites.* Live Well Lawrence; Lawrence, KS.

**Fry, M. D.** (2011, Nov.). Guest panelist for KU Alternative Breaks, University of KS

**Fry, M. D.** (2011, Nov.). Guest speaker for Multicultural Education, University of KS.

**Fry, M. D.** (2011, Nov.). Guest speaker for Coaching Football Class, University of KS.

**Fry, M. D.** (2011, Oct.). Guest speaker for KU Bowling Team, University of KS.

**Fry, M. D.** (2011, April). Guest speaker for Positive Psychology Class, University of KS.

**Fry, M. D.** (2011, March). Guest speaker for Coaching Softball Class, University of KS.

**Fry, M.D.** (2011, Feb.). Guest speaker for Coaches Meeting for Sunflower Soccer Association, Topeka, KS.

**Fry, M. D.** (2010). Guest speaker for Healthy Musicians Class (2-hour workshop), University of

KS.

**Fry, M. D.** (2009). Guest speaker for Life Skills Class at Atchison Community High School, KS.

**Fry, M. D.** (2005, Feb.). Caring communities within physical activity settings. An invited presentation to a Memphis Chapter of the Philanthropic Educational Organization.

**Fry, M. D.** (2001-present). Coordinate mental skills and physical activities for youngsters (i.e., cancer patients & their siblings) at Target House in Memphis, TN. Have conducted approximately 12 1.5-2 hour sessions.

**Fry, M. D.** (2002, July 17th). The role of sport psychology in the prevention of and rehabilitation after injury. A presentation for coaches attending the Memphis Interscholastic Athletic Association Conference.

**Fry, M. D.** (May, 2002). Presented stress management session for Cancer Support Group at Pentecostal Church in Memphis, TN.

**Fry, M. D.** (2001-present). Coordinate mental skills and physical activities for youngsters (i.e., cancer patients & their siblings).

**Fry, M. D.** (2000 & 2001, March-April). Coordinator for Short Putts to Spring Workshops for the MidSouth Junior Golf Association. Presenter for 2 of the 5 workshops on team building skills.

**Fry, M. D.** (1996). Optimizing arousal levels in tennis. A presentation to the Women's tennis team at The University of Memphis.

**Fry, M. D.** (1995, October). *Mental skills training in track and field*. A presentation to the Women's track and cross country teams at The University of Memphis.

**Walling, M. D.** (1995, February). *Maximizing your children's motivation in swimming: An educational sport psychology perspective*. A presentation to the Booster Club parents of the University of Memphis Swim Club.

**Walling, M. D.** (1995, February). *Fostering effort and enjoyment with your tennis players: A sport psychology perspective*. An invited talk which was part of a workshop sponsored by the USTA, the National Umpires Association and the Memphis City Schools for high school tennis coaches.

**Walling, M. D.** (1994). *Sport psychology with a developmental twist*. An invited presentation to the Sport Psychology Colloquium, Department of Psychology, University of Memphis.

**Walling, M. D.** (1993, October). *The influence of parents on young gymnasts' levels of stress and motivation*. An invited presentation sponsored by the United States Gymnastics Federation, Indianapolis, IN.

**Walling, M. D.** (1992, October). *The mechanics of sport psychology: What we do and how it impacts you and your family*. Presentation to the Purdue Mechanical Engineering Advisory Board Spouses.

**Walling, M. D.** (1991, July). *Stress Management*. Invited presentation sponsored by the National Institute for Fitness and Sport.

**Walling, M. D., & Newton, M.** (1991, October). *Sport Psychology for the Weekend Athlete*. Invited presentation sponsored by the Eli Lilly Corporation, Indianapolis, IN.

#### **Contributor to Community/National Forum**

**Fry, M. D.** (Fall, 2017). *Participating in a Positive Sport Climate Reaps Many Benefits for Young People*. Column written for the National Dropout Prevention Coalition-Newsletter.

**Fry, M. D.** (2017). *The Power of the Positive*. Contributor to the Positive Coaching Alliance

Video.

- DeAngelis, T. (2016) Psychologists' research points ways to keep youth athletes in sports. American Psychological Association Monitor Newsletter [KU Sport & Exercise Psychology Lab featured]
- Fry, M.D.** (2003). Coaches' rant can bench kids for life. Invited guest column in the Viewpoint Section of the Commercial Appeal, April 7, 2003.
- Fry, M.D.** (2003, March). Strategies for creating a task-involving climate with underserved youth. An invited presentation to the Dept. of EXSS at the University of Mississippi.
- Fry, M.D.** (2002). Presenter of workshop entitled: *The Climate Counts: Techniques and Strategies for Fostering a Task-Involving Motivational Climate*.
- Fry, M. D., & Newton, M. L.** (1997, December). TARGETing success in volleyball: Creating a positive motivational climate. Invited speaker at the American Volleyball Coaches Association (AVCA) National Convention preceding the NCAA Final Four Tournament in Spokane, WA.
- Fry, M. D.** (1996, April). Invited speaker at Colonial Junior High's Career Day.
- Fry, M. D.** (February, 1995 & October, 1996). Invited guest on Eddie Cantler's talk-show, "The Trainer's Corner" seen on the Library Channel, Memphis, TN.
- Walling, M. D.** (1995). Choosing quality youth sport programs for children: The critical role of parents. *Journal of Kinetic Arts, 1* (5).

### **Applied Sport Psychology Experiences**

- Fry, M. D. (2013-2018). Mental Skills Intervention with a high school baseball team.
- Fry, M. D. (2009-2011). Mental Skills Intervention with a youth baseball team.
- Fry, M. D. (2008-2010). Mental Skills Intervention with a Division 1 collegiate volleyball team.
- Fry, M.D. (2006-2007). Mental Skills Intervention with a high school basketball team.
- Fry, M. D. (2006). Mental Skills Intervention with a Division 1 cross country team.
- Fry, M.D. (2005-2006). Mental Skills activities with a high school golfer.
- Fry, M.D. (2003). Mental Skills Activities provided to the Dolphins, a youth synchronized swim program in Memphis.
- Fry, M.D. (2001-2007). Mental Skills Games and Activities Sessions provided to residents of Target House (i.e., long-term treatment patients at St. Jude Hospital).
- Fry, M. D. (2001, Spring). The Strength Club. An after-school mental skills training program for elementary-aged children.
- Fry, M. D. (1996, Spring). Consultation with members of a Division 1 collegiate Track and Field Team.
- Walling, M. D. (1994, December). Member of Sport Psychology Coaching Staff for the Talent Opportunity Program (TOP) Camp sponsored by the United States Gymnastics Federation (USGF). Tulsa, OK
- Walling, M. D. (1992, October). *Effective Goal Setting in Volleyball*. Presentation to the West Lafayette High School Volleyball Team.
- Walling, M. D. (1992, April). *Stress Management in Sport*. Presentation to the Women's Crew Team, Purdue University.
- Walling, M. D. (1992). Consultation with High School Tennis Player Over a Season.

### **Departmental/University Service**

- Kansas Women's Leadership Institute, Net-Walk Mentor Participant (2016-2017).

KU Certificate in Sport Committee (2017-2018).  
 KU Center for Undergraduate Research, Advisory Board (2016-present).  
 KU Calendar Committee (2016-2017; Chair, 2017-present).  
 SOE Scholarship & Awards Committee (2013-present).  
 SOE Convocation Volunteer (2009-present).  
 HSES Faculty Search Committee (2009, 2010, 2012, 2013, 2014, 2015).  
 HSES Scholarship & Awards Committee (2010-2013), University of Kansas.  
 HSES Personnel Committee (2011-present), University of Kansas.  
 HSES Graduate Curriculum Committee (2008-2014), University of Kansas.  
 SOE Diversity Committee (2013-2016), University of Kansas.  
 SOE Technology Committee (2011-2013), University of Kansas.  
 SOE Governance Committee (2011-2013), University of Kansas.  
 SOE Personnel Committee (2007-2010), University of Kansas.  
 University of Kansas, Dean of the School of Education 5-year Review Committee  
 President's Tenure & Promotions Appeal Committee. (2007-2009). The University of Memphis.  
 HSS Community Affairs Committee (2004-2006). The University of Memphis.  
 Coordinator of Achievement Motivation Seminar (2003). The University of Memphis, Dept.  
 HMSE.  
 PETE Unit Head, Dept. of HMSE, University of Memphis (2001-2003).  
 HMSE Tenure and Promotion Committee (1999-2000; Chair 2000-2001), The University of  
 Memphis.  
 HMSE Coordinator for the Science Olympiad sponsored by The University of Memphis for high  
 school honor science students in the Western portion of TN (1995-1999).  
 Dean's Council for Teacher Education (1994-1995), University of Memphis.  
 HMSE Material Resources Committee (1994-1995; 1998-2000, 2002; 2000-2001, Chair),  
 University of Memphis.  
 HMSE Ad Hoc Committee on Internships (1994-1995), University of Memphis.  
 HMSE Recruitment Committee (1995-1996).  
 HMSE Physical Education Teacher Education Unit (1994-present; Unit Head-2001-2002),  
 University of Memphis.  
 HMSE Ad Hoc Committee on Proposing a PhD Program (1995-1997).  
 HMSE Undergraduate Council (1994-95 & 1997-1998)  
 HMSE Academic Council (1996-1998).  
 HMSE Graduate Studies and Research Council (1995-2001; chair from 1996-1998)  
 College of Education Graduate Council (1996-1998).  
 Graduate Coordinator for the Department of Human Movement Sciences and Education, (1996-  
 1998).

### **Service to National Organizations**

Member of Ad-Hoc Committee to Study Future of AASP, Association of Applied Sport  
 Psychology (2012-2015).  
 Member of the Social Psychology Section Committee, Association for the Advancement of  
 Applied Sport Psychology (AAASP). Appointed for a 3-year-term, 1996-99; 2001-2003.  
 Member of AAASP Dissertation Award Committee (1998 & 2002).  
 Member of Editorial Board for *Physical Activity Today* (American Alliance for Health, Physical  
 Education, Recreation and Dance publication), 1997-2001.

Member of Sport Psychology Program Area Review Committee for the 1996 Annual Meeting of the North American Society for the Psychology of Sport and Physical Activity (NASPSPA).

Executive Board Member, Association for the Advancement of Applied Sport Psychology, (2004-2006).

Member of Program Review Committee, American Alliance of Health, Physical Education, Recreation & Dance (2009- present); Chaired committee in 2010.

Member of Program Review Committee, Association for Applied Sport Psychology (2008-present).

### **Reviewing/Editing Responsibilities**

Associate Editor (2009-2012); Editorial Board Member (2000-2009;2013-present) and Reviewer (1992-1999). *Journal of Applied Sport Psychology*.

Associate Editor. *Sport Psychology in Action* (2008-present).

Editorial Board Member. *Sport, Exercise, and Performance Psychology* (2011-present; American Psychological Association Journal).

Sport & Exercise Psychology Section Editor (2003-2006) and Reviewer (1994-present). *Research Quarterly for Exercise and Sport*.

Co-editor with David R. Black of Abstracts Column. *Peer Facilitator Quarterly* (1993-1994).

Reviewer. *Education and Treatment of Children* (1993-1995).

Reviewer. *Journal of Health Education* (1993-1995).

Reviewer. *The Sports Psychologist* (1997-present).

Reviewer. *International Journal of Sport Psychology*. (1997-present).

Reviewer. *Journal of Sport and Exercise Psychology* (1993-present).

Reviewer. *Journal of Strength and Conditioning* (1998-present).

Reviewer & Editorial Board Member. *Journal of Strength and Conditioning Research* (Reviewer, 1996-present; Editorial Board Member, 1996-1998).

### **HONORS/AWARDS.**

Budig Teaching Professorship, University of Kansas (2018)

Outstanding Mentor, McNair Scholars Program (2017)

KU Woman of Distinction, (2014-2015)

Joyce Elaine Pauls Morgan HSES Teaching Award (2013)

Budig Teaching Excellence Award, Nominee (2012)

Bird Outstanding Mentor Award, Nominee (2011)

Service Award, School of Education, University of Kansas, Nominee (2011)

KU Keeler Professorship, University of Kansas (2010).

Fellow, Association of Applied Sport Psychology (2009)

Outstanding Research Article published in *Research Quarterly for Exercise & Sport* (1997). Presented by the Research Consortium of the American Alliance of Health, Physical Education, Recreation, & Dance.

Outstanding Doctoral Dissertation, North American Society for the Psychology of Physical Activity (1994).

Student Representative, CIC Big Ten Conference "Capstone of Knowledge" hosted by Michigan University, December, 1992.

**Chair**, Graduate Student Advisory Council, Department of Health, Kinesiology, and Leisure Studies at Purdue University, 1991-1992.